

The Spoke & Wheel Published on the first and fifteenth day of each month.



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The Official Bulletin of the Rotary Club of Mission Viejo, P.O. Box 2234, Mission Viejo, CA., U.S.A. 92692 Rotary Club of Mission Viejo, Club 842 in District 5320, was Chartered September 13, 1974.

<u>Club Leadership/Board Members:</u> Ken Dever, President; Paul Bucknum, President-Elect; Joe Lavoie, Vice President (IPP); Dave Williams, Secretary; Bill Kersten, Treasurer; Barbara Kogerman, Club Administration Chair; Jim Colitz, Membership Chair; Mike Getto, Public Relations Chair; Bob McQueen, Service Chair; Rich Frieder, Co-Director, Int'l Service; Pushpa Chandwani, Co-Director, Int'l Service; Dennis O'Connor, Director, Community Service; Gary Brenner, Director, Vocational Service; Scott Walker, Director at Large (Speakers); Chris Skorina, Director at Large (Bylaws); Dave Leckness, Director at Large (City Hall); Bob Brown, Co-Director, Youth Service; Fred Chambers, Co-Director, Youth Service and Eric Johnson, Director, Club Service.

<u>Club Meetings</u>: Wednesdays, 7:10 A.M. to 8:30 A.M., Mission Viejo Country Club, 26200 Country Club Dr., Mission Viejo, CA 92691 <u>RI and District Officers</u>: Ron D. Burton, RI President; Rae Shirer, District 5320 Governor.

COMMUNITY SERVICE

MV Rotarians support local business!

Report by Jim Hansen • Photo by Bill Kersten

Several Mission Viejo Rotarians attended the Grand Opening of Chase Bank's newest Laguna Hills Branch on the corner of Alicia Parkway and Hon. The members, including Laguna Hills Mayer and MV Rotarian Barbara Kogerman, enjoyed the opening ceremonies and many look forward to opening new accounts in this newest branch.



Photo: Branch Manager Emily May, (with scissors), leads the ribbon cutting ceremony. In this photo you can see Rotarians Greg Raths, Dennis O'Connor, Barbara Kogerman, and Dave Leckness.

<u>Selected Upcoming</u> <u>Events</u>

(Please note the twomonth calendar at the end of this bulletin for more details.)

<u>Upcoming Club Events</u> MV Rotary Club Web site:

www.missionviejorotary.org

Dec. 8: (Sun., 6 p.m.) MV Rotary Holiday Party.

Dec. 19: MV Rotary Board Meeting at 7 AM.

Upcoming District Events

District 5320 Web site: www.rotary5320.org

Dec. 6: (5:30 p.m.)
Presidents' Holiday Party.

Embassy Suites, Brea.

CLUB SERVICE

Protecting Our Critical Infrastructure

Report by Jim Hansen • Photo by Bill Kersten

Mr. Pete Owen was guest speaker at the October 30, 2013 meeting of the Rotary Club of the following website: www.dhs.gov. Mission Viejo. Mr. Owen's topic, "Protecting Our Critical Infrastructure," is a part of his job working for the United States Department of Homeland Security. Mr. Owen stated, "The Department of Homeland Security has a vital mission: to secure the nation from the many threats we face. This requires the dedication of more than 240,000 employees in jobs that range from aviation and border security to emergency response, from cybersecurity analyst to chemical facility inspector. Our duties are wide-ranging, but our goal is clear keeping America safe."

Mr. Owen discussed some details of his job and informed the audience of some of the issues presented to the Department of Homeland Security (DHS). The speaker stated the issues range from terrorist threats to natural disasters.

Mr. Owen also touched on the topic of national cybersecurity. He suggested to all in attendance the importance of protecting personal businesses assets as well as governmental.

For more information, Mr. Owen recommended



Photo: (L to R) RCMV President Ken Dever and Mr. Pete Owen, Department of Homeland Security.



OUOTE OF THE WEEK November 15, 2013

Laws control the lesser person. Right conduct controls the greater one.

- Chinese proverb

CLUB SERVICE

Welcome new member Emily May

Photo by Bill Kersten • Report by Jim Hansen

Emily May is the most recent member of the Rotary Club of Mission Viejo. Emily has attended several meetings and participated in past events, as well.

Emily graduated from Portland State University and is the branch manager at the Alicia and Hon JP Morgan Chase Bank in Laguna Hills.

She will be sharing more of her professional background during her upcoming Craft Talk.

A hearty Rotary welcome, Emily!



Photo: (L to R) Dave Leckness, Sponsor Barbara Kogerman, Emily, and Membership Chair Jim Colitz.

CLUB SERVICE

Facts and Theories of Aging

Report by Jim Hansen • Photo by Bill Kersten



Dr. Ata Kelly, M.D. was guest 6, 2013 meeting of the Rotary speaker at the regular November Club of Mission Viejo.

Dr. Kelly has been practicing medicine for 23 years. Her approach is based on the fusion of Eastern, Western and Functional Medicine. Her goal is to bring effective, affordable, and holistic health care to her patients.

Dr. Kelly spoke to the topic of aging and, on the subject, she shared many facts. She highlighted two theories of aging and explained how human cells may be affected by aging while she shared some preventive measures.

For more information please visit: www.acuwellglobal.com or email Dr. Kelly at dratakelly@gmail.com.

ROTARY SHARES!



Photo Above: PP Dennis O'Connor, Webmaster and Facebook Coordinator

WEBSITE NEWS

Be sure to visit the Rotary Club of Mission Viejo Website at:

www.missionviejorotary.org

and <u>FACEBOOK NEWS</u>

Like us on Facebook!

RC OF POONA, INDIA

To view the *Poona Service* Wheel, our sister club's weekly bulletin, go to: https://www.facebook.com/groups/RCPoona/

SERVICE ABOVE SELF



Photo Above: The "White Elephant" photo was taken by Director Jack Wallace during his trip to Hawaii in 2008.

WHITE ELEPHANT

Please bring a White Elephant item on your assigned date. (The Board suggests you may donate \$20 in lieu of a White Elephant item if you prefer).

REVISED OCT. 4, 2013

Nov. 20 - Richard Frieder

Nov. 27 - Mike Getto

Dec. 4 - Bill Greenfield

Dec. 11 - Jim Hansen

Dec. 18 - Jacki Hanson

Dec. 25 - NO Meeting

Jan. 1 - NO Meeting

Jan. 8 - Pushpa Chandwani

BRING A GUEST!

Make-up Clubs

Coto de Caza/Rancho Santa Margarita - 1st Thursday of the month at 7 A.M. and 3rd Thursday of the month at 7 P.M. at the Tijeras Creek Golf Club.

Laguna Niguel - Tuesdays at 12:00 noon at Savannah Chop House, 32441 Golden Lantern, Laguna Niguel

Monarch Beach - 7 A.M. Wednesdays at the Laguna Cliffs Marriott Resort in Dana Point.

San Clemente - 12 noon Thursdays at the San Clemente Inn, 2600 Avenida del Presidente.

On-line make-up: http://www.rotaryeclubone.org/programs.htm

BULLETIN STAFF



Photographer: Bill Kersten



Reporter: Verl Nash



Editor: Jim Hansen

<u>THE ROTARY</u> <u>FOUR-WAY TEST</u>

Of the things we think, say or do:

- 1. Is it the truth?
- 2. Is it fair to all concerned?
- 3. Will it build goodwill and better friendships?
- 4. Will it be beneficial to all concerned?

ROTARY CLUB OF MISSION VIEJO NOVEMBER 2013

NOV. 6 - REGULAR MEETING - 7:10 A.M., Mission Viejo Country Club

NOV. 9 - SCOUTING FOR FOODS (See District Calendar)

NOV. 9 - THE ROTARY FOUNDATION GALA - 5:30 P.M., The Bowers Museum

NOV. 13 - REGULAR MEETING - 7:10 A.M., Mission Viejo Country Club

NOV. 14* - BOARD MEETING, 7 A.M. (M.V. City Hall)

NOV. 20 - REGULAR MEETING - 7:10 A.M., Mission Viejo Country Club

NOV. 27 - REGULAR MEETING - 7:10 A.M., Mission Viejo Country Club

* To be confirmed

ROTARY CLUB OF MISSION VIEJO DECEMBER 2013

DEC. 4 - REGULAR MEETING - 7:10 A.M., Mission Viejo Country Club

DEC 8 - HOLIDAY PARTY - Mission Viejo Country Club

DEC 11 - REGULAR MEETING - 7:10 A.M., Mission Viejo Country Club

DEC 18 - REGULAR MEETING - 7:10 A.M., Mission Viejo Country Club

DEC. 19* - BOARD MEETING - 7:00 A.M., M.V. City Hall

DEC. 25 - NO MEETING

JAN. 1 - NO MEETING

* To be confirmed